

## **Academic Session 2019-20**

### **7.2. Best Practices in r/o *Rajiv Gandhi Memorial Govt. College Joginder Nagar, Mandi, Himachal Pradesh***

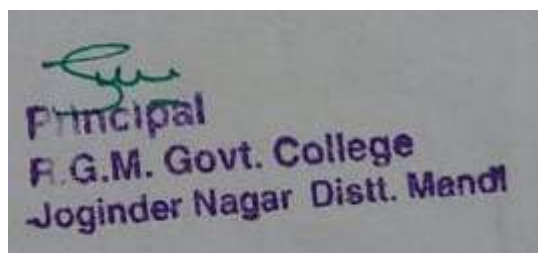
**Describe at least two institutional Best Practices.**

*Upload details of two best practices successfully implemented by the institution as per NAAC format in your institution website, provide the link*

**1. Engagement of Students in Community Services:** *To make our students responsible and sensible towards society, and therefore various events of social importance, social evils and problems were organized. It included awareness rallies on Drug Abuse, AIDS Awareness, Blood Donation Camp, celebration of important days and Swachhta Campaign in our surrounding locality.*

**2. Emphasis on escalating competence in students for their holistic development:**

- *In sports, students grabbed praiseworthy awards and trophies in Cross-Country (Men & Women), Inter-college Athletic championship (800m), Relay race, race (1500m) and High jump. Students also participated in inter university basketball, handball, kho-kho and national level Volleyball championship.*
- *In cultural events, students brought laurels and commendable position in Folk-song, Western and Indian group song and tabla playing.*
- *Institution's NSS and NCC cadets participated in Pre-RDC and State RDP.*



Principal  
R.G.M. Govt. College  
Joginder Nagar Distt. Mandi

## OUTSTANDING SPORTS PERSONS OF OUR COLLEGE



**Ms. Tamanna**

B.A. 1st Year  
Won two Silver Medals in 5000 mtrs. race in HPU Inter-College Athletic Championship and North Zone National Athletic Championship. Won Gold Medal in 5000 mtrs. and Silver Medal in 1500 mtrs. race in Senior State Athletic Championship. Two Gold Medals in 5000 mtrs. and 1500 mtrs. race in Annual Athletic Meet. She also participated in 54th National X-Country Championship 2020 held at Telangana.



**Mr. Raman Gumra**

B.A. 1st Year  
Best Athlete (Men Section)  
He won three Gold Medals in long jump, 400 mtrs. race, 200 mtrs. race and won one Silver Medal in 4x100 mtrs. relay race in Annual Athletic meet 2019-20.



**Ms. Kanchan Thakur**

B.A. 6th Sem.  
Best Athlete (Women Section)  
She won four Gold Medals in Shot put, Discus throw, Javelin throw, 4x100 mtrs. relay race and won one Silver Medal in 200 mtrs. race in Annual Athletic meet 2019-20.



**Mr. Sanjay Kumar**

B.A. 1st Year  
Participated in Inter-Varsity Kho-Kho Championship 2019 held at Desh Bhagat University, Fategarh Sahib, Punjab and also in Senior National Kho-Kho Championship 2019 held at Raipur, Chhattisgarh.



**Mr. Hans Raj**

B.A. 1st Year  
Participated in Inter-Varsity Kho-Kho Championship 2019 held at Desh Bhagat University Fategarh Sahib, Punjab.



**Ms. Meena Kumari**

B.A. 6th Sem.  
Participated in Inter-Varsity Kho-Kho Championship held at Dr. Rammanohar Lohia Avadh University Barabanki Lucknow, 2019.



**Ms. Shakuntla**

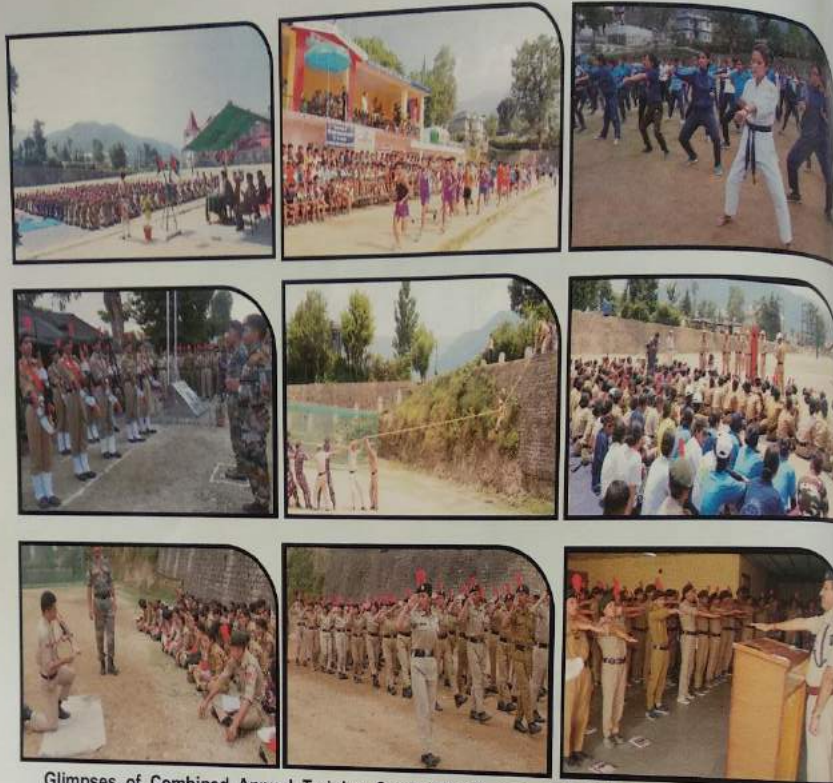
B.A. 6th Sem.  
Participated in Inter-Varsity Cricket Championship held at Hisar Haryana, 2019.



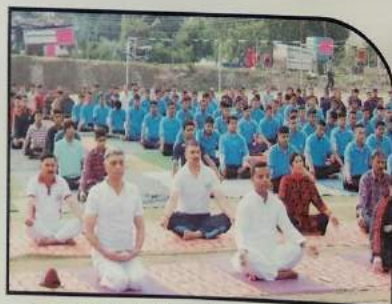
**Ms. Ravina Thakur**

B.A. 6th Sem.  
Participated in Senior National Shooting Championship held at Indore.

# NATIONAL CADET CORPS



Glimpses of Combined Annual Training Camp (CATC) under 2HP BN NCC Mandi organised at R.G.M. Govt. College Joginder Nagar ( June 18, 2019 to June 27, 2019)



Our cadets during International Yoga Day celebrations on June 21, 2019



NCC cadets during Plantation Drive



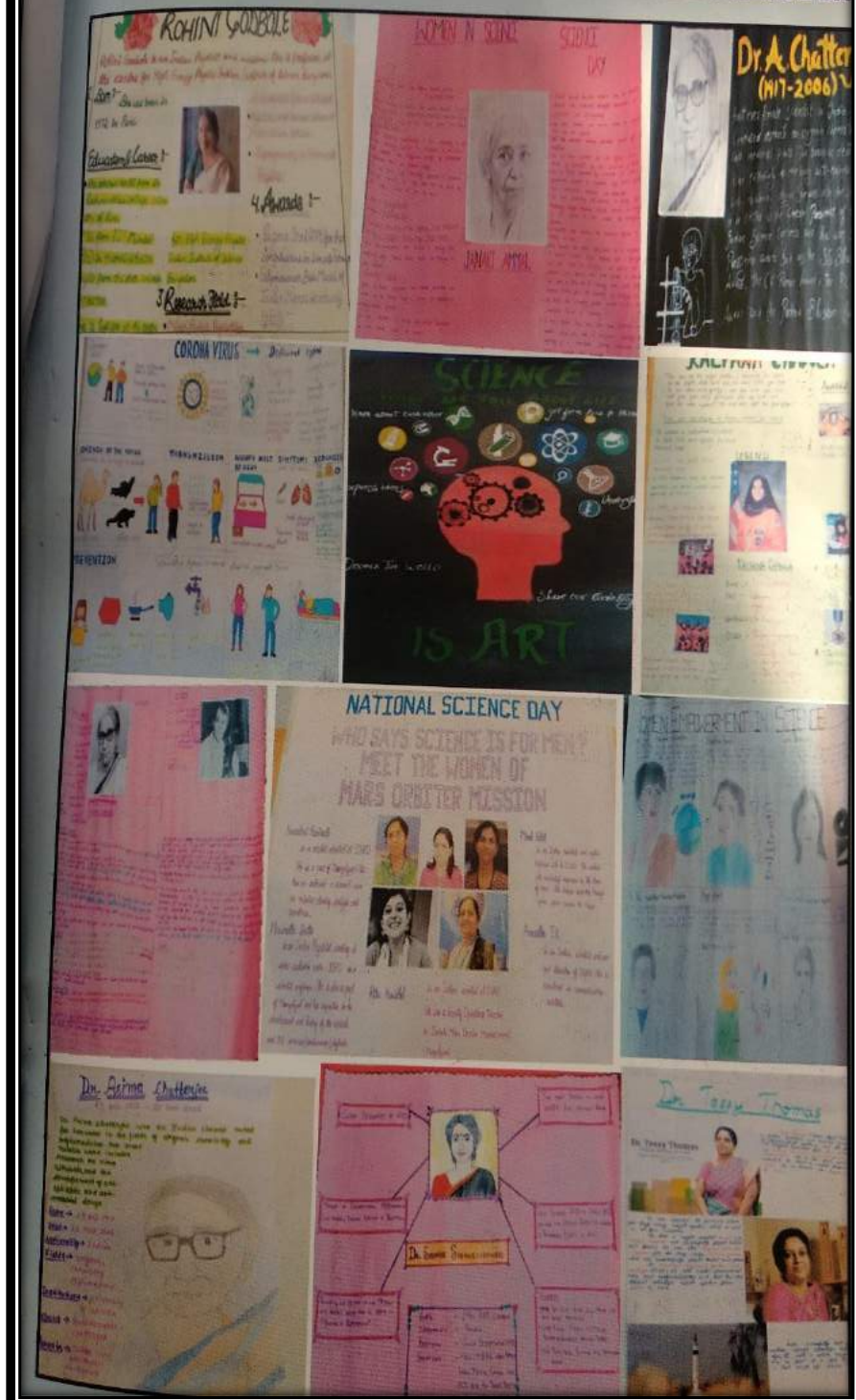
Cadets during National Integration Camp held at Ballari, Karnataka in January, 2020



Cadets on Cleanliness Drive



# SPECTRUM OF STUDENTS' CREATIVITY ON NATIONAL SCIENCE DAY

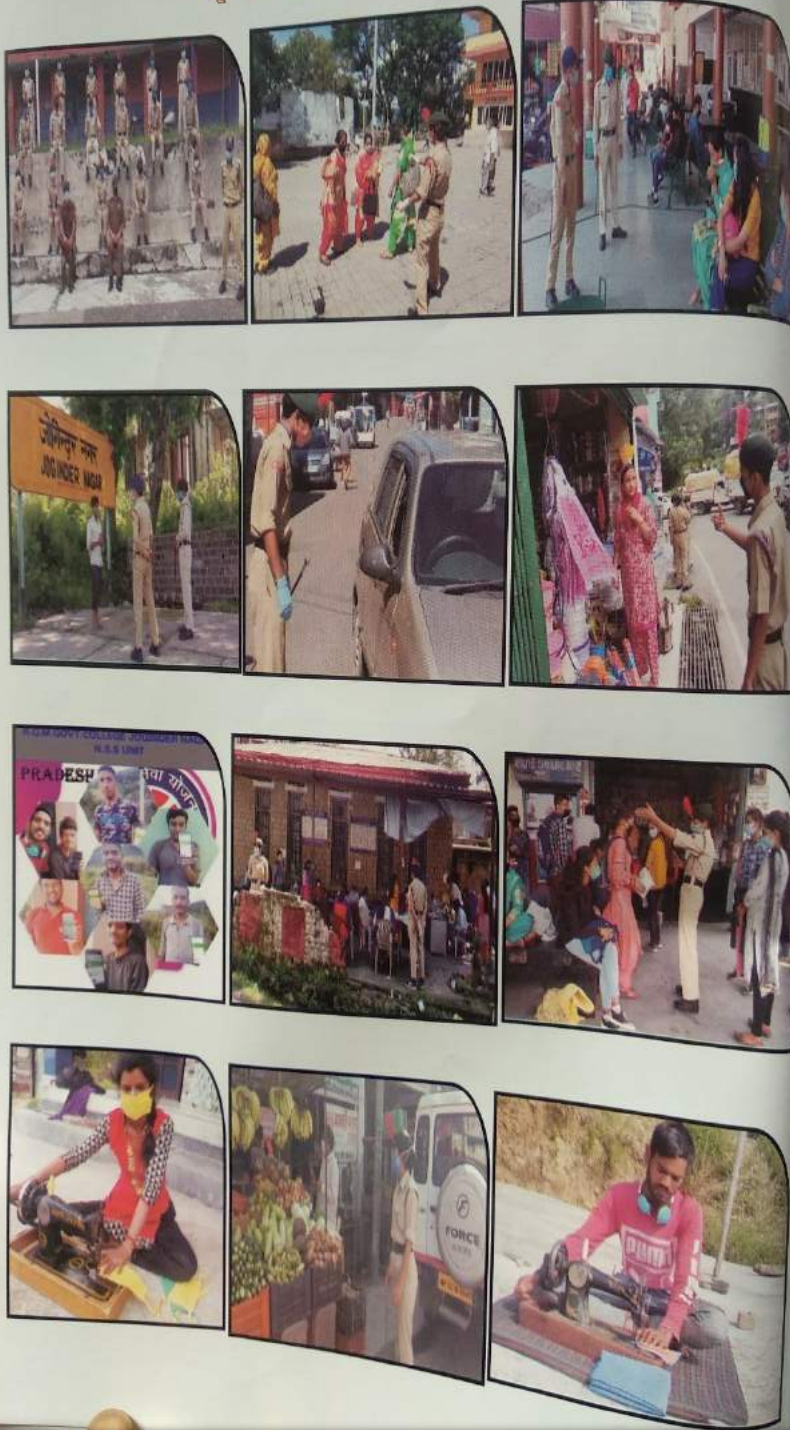


# USCA CULTURAL FUNCTION "AAKARSHAN" 2019





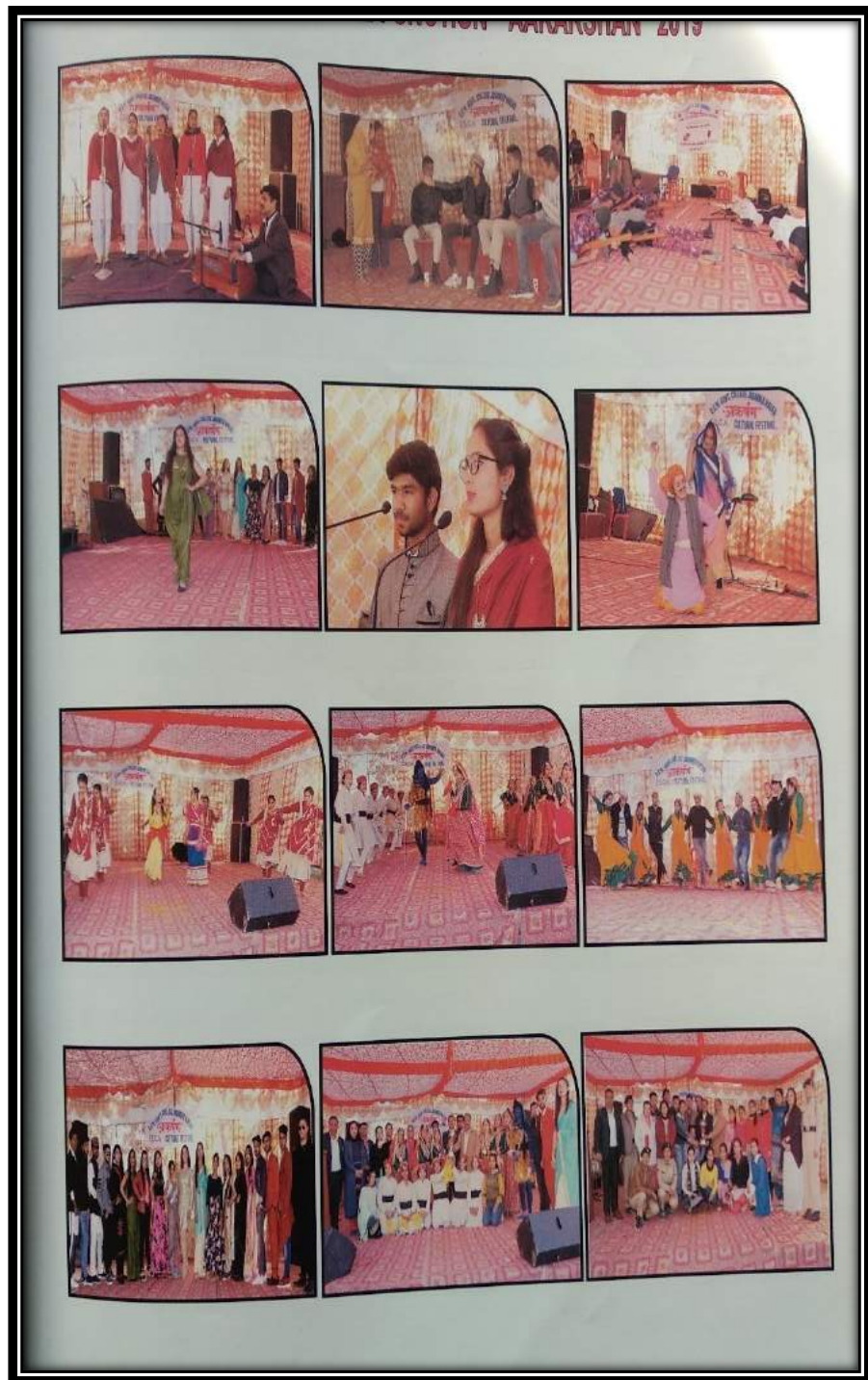
# CORONA WARRIORS (NCC & NSS)



## GLIMPSES OF ANNUAL ATHLETIC MEET 2019-20









## GLIMPSES OF ANNUAL ATHLETIC MEET 2019-20



## SNAP SHOW OF STUDENTS' ACTIVITIES





## ACTIVITIES OF ROVERS AND RANGERS



Rovers and Rangers getting ready for awareness rally against drug addiction on November 21, 2019



Rovers and Rangers rallying to raise AIDS awareness



Rovers during Moot Camp held at STC, Rewalsar (September 26, 2019 to September 30, 2019)



Our Rovers during trekking expedition to Gurehar, Chaina pass, Rajgundha and Nalota (December 15, 2019 to December 20, 2019)



Rovers during Nipun Testing Camp held at STC, Rewalsar (July 09, 2019 to July 13, 2019)



First Aid Training of Rovers during Nipun Testing Camp



Rover Incharge Dr. Hem Raj during state-level Scout Leader Training Course at STC, Rewalsar (June 15, 2019 to June 21, 2019)



Teachers' Day Celebrations

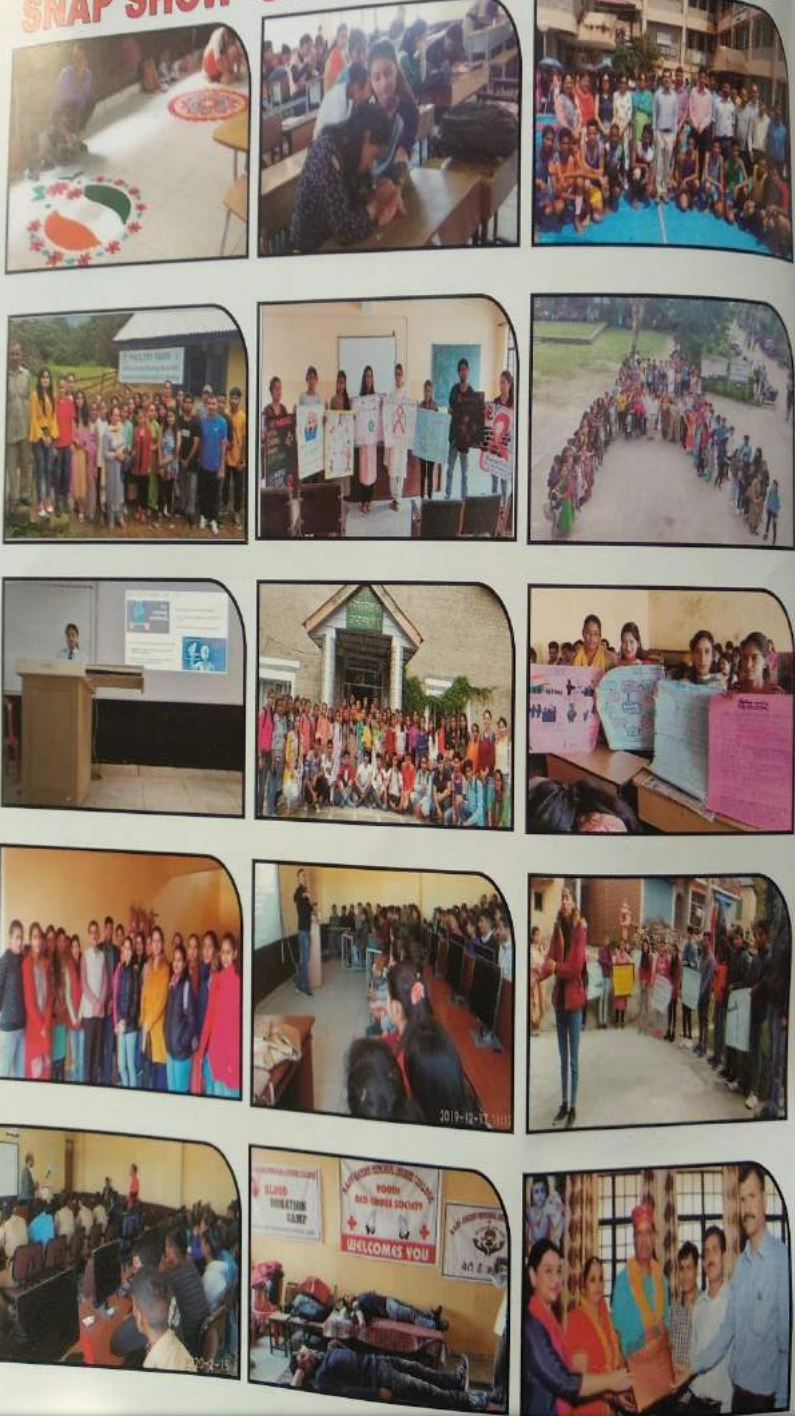
**Ravina**  
B.A. -II Year  
(Best Ranger)



**Abhishek**  
B.Com. -VI Sem.  
(Best Rover)



# SNAP SHOW OF STUDENTS' ACTIVITIES





# ACTIVITIES OF NSS



Banon Gufa Mandir (Tikroo) complex beautification by NSS volunteers during 'Seven Days' Special Camp held in December, 2019



Plantation of *Cedrus deodara* by NSS volunteers along with Forest Department on July 31, 2019 at Siyuri Jungle



Our volunteers during State Level NSS Mega Camp at Govt. Degree College, Karnag (September 24, 2019 to September 28, 2019)



Cleanliness drive by NSS volunteers at Joginder Nagar Market during FIT India Plog Run on October 02, 2019



NSS volunteers taking pledge during Poshan Abhiyan Jan Andolan on September 28, 2019



Social work by NSS volunteers



NSS volunteers during National Integration Camp at DAV College, Kangra (February 24, 2020 to March 01, 2020)



Blood donation by NSS volunteers on World Blood Donor Day (June 14, 2019)

**Asha Mittal**  
B.Sc. VI Sem.  
Best Volunteer (Female)



**Nitin Sharma**  
B.Sc. VI Sem.  
Best Volunteer (Male)



*[Signature]*  
Principal  
F.G.M. Govt. College  
Joginder Nagar Distt. Mandi