

## **Academic Session 2023-24**

### **5.1 Best Practices in r/o Rajiv Gandhi Memorial Govt. College Joginder Nagar, Mandi, Himachal Pradesh**

**Describe at least two institutional Best Practices.**

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#### **BEST PRACTICE I**

##### **1. Title of the Practice: OPEN GYMNASIUM**

##### **2. Objectives of the Practice**

- a) To divert students from their mobile phones to physical fitness during their leisure time in college.
- b) To make available high cost commercial grade exercise equipments for free to the students.
- c) To offer the community access to open gym after college hours.

##### **3. The Context**

The college has always strived hard for holistic development of students and physical activity during their leisure time will benefit them in mood change and reducing depression alongwith immense health benefits. With this context in mind, the open gym was created next to college canteen in a lively atmosphere.

##### **4. The Practice**

The open gym equipments were purchased after completing all financial formalities, as per the need of students. The equipments are used by students in their free time during college hours.

##### **5. Evidence of Success**

- a) The students are using the exercise equipments in a variety of ways during the college hours. It also allows different student groups with common fitness goals to interact with each other.
- b) After the college hours, people from locality use open gym, which is an extension of free services to the community.

## **6. Problems Encountered and Resources Required**

No such difficulty was encountered in implementing the practice however the limited resources like space and gym equipments with respect to student strength is a drawback.

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### **5.1. Best Practices in r/o Rajiv Gandhi Memorial Govt. College Joginder Nagar, Mandi, Himachal Pradesh**

**Describe at least two institutional Best Practices.**

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#### **BEST PRACTICE II**

##### **1. Title of the Practice: LIBRARY FACILITY TO OLD STUDENTS**

##### **2. Objectives of the Practice**

The following objectives were drawn for providing library facility to old students:

- a) To provide old students an access to learning material and reading space in library even after completion of their education from college.
- b) To channelize the energy in positive direction of those students who could not pursue further education due to any reasons.
- c) To give a platform to old students for group studies and accessing journals during vacation from their present institutions.

##### **3. The Context**

The college caters to the educational need of rural and economically less privileged students. After completing the studies, these students generally prepare for job oriented state and national level competitive examinations and for this they need access to study material, daily newspapers, internet, magazines and reading space. With this context, their alma mater has extended library facility to them.

##### **4. The Practice**

The students approach the college librarian for Old Students Library Membership registration, which is renewed after every three months. Once the registration is done, they visit library by entering their particulars in visit register and also seek career guidance from the teachers during their visit to library. This practice also helps students to set a study routine and be socially active also.

## **5. Evidence of Success**

On an average ten old students visit library daily as evidenced from library register

## **6. Problems Encountered and Resources Required**

Larger reading space and relevant books for competitive examinations were mainly required for this practice. The upper floor of new canteen in college is converted into library reading room.

## BEST PRACTICE I: OPEN GYMNASIUM







# OPEN GYM VISITOR REGISTER

Open gymnasium was established in RGM Govt. College Joginder Nagar in session 2023-24. The gym has open access to community after college hours. The local residents can use the equipments after due entry in this register. The register will be in the custody of Chowkidar on duty in college.

Sr. No.	Date	Name	Address	Signature
1	2-10-2023	Sanjali	Joginder Nagar	<i>[Signature]</i>
2	2-10-2023	Pajal	"	<i>[Signature]</i>
3	3-10-2023	Shagun Thakur	"	<i>[Signature]</i>
4	3-10-2023	Kumari Kanika	"	<i>[Signature]</i>
5	3-10-2023	Palak	"	<i>[Signature]</i>
6	6-10-2023	Swati	Barot	<i>[Signature]</i>
7	6-10-2023	Enamika Bhatia	Joginder Nagar	Enamika
8	6-10-2023	Pallvi Thakur	"	Pallvi
9	10-10-2023	Swati	"	Swati
10	10-10-2023	Ayju	"	Ayju
11	20-10-2023	Muskan	Ropdi	Muskan
12	15-10-2023	Nulam	Joginder Nagar	Nulam
13	15-10-2023	Smaili Nike	"	Airali
14	15-10-2023	Shilpa	Ropdi	Shilpa
15	20-10-2023	Sonal Sharma	Joginder Nagar	Sonal
16	20-10-2023	Pajal	"	Pajal

## BEST PRACTICE II: LIBRARY FACILITY TO OLD STUDENTS

47	Mahender Lal S/o Narendes Lal Vill Langra Teh. Jagindes Nagar Dist Mandi	8809289	757665683157	4-7-19	Mahender Lal	
				R 30-9-19		
				Q. 30-4-20	Mahender Lal	
				30-11-22		
				Renauchito 31-5-23		
				30-10-23		
48	Shivam Rana S/o Sh Rajesh Kumar Vill Langra Teh. Jagindes Nagar Dist Mandi	8219223143	910697148374	5-7-19	Shivam Rana	
				R 30-9-19		
				R 30-4-20	Shivam Rana	
				R 30-11-22		
				R 31-12-23		
				R 31-05-23		
				10-10-23		
49	Anshu Devi D/o Sh Mangal Dass. Vill -		301532928308	6-9-19		

**Mohinder Lal and Shivam Rana, are the old students of our college and members of library. Both of them have qualified JOA IT Exam in 2024.**