



## **NSS ANNUAL REPORT (2024-25)**

**RAJIV GANDHI MEMORIAL GOVT.  
COLLEGE JOGINDER NAGAR  
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### **About the College:**

With the towering mountain range as the backdrop, Rajiv Gandhi Memorial Govt. College Joginder Nagar came into being in **May 1994**. At present, the college is celebrating the **29th year of its glorious academic life**. The college is located in the lush green sprawling valley of the lower Himalayan ranges. It is located at a distance of 57 km from Mandi district headquarters. The college has registered tremendous growth in enrolment over the years.



### **NSS Units:**

There are two NSS units in the college. Each unit is controlled by one NSS Programme Officer, and there is an enrolment of **200** volunteers for the session 2024-25. Out of the total strength of **200**, **65** are **male** and **135** are **female** volunteers. The category-wise detail of the enrolled NSS volunteers is given in the following table:

**Table 1: Category-wise detail of the enrolled NSS volunteers for the session 2024-25**

Category	SC	ST	OBC	GENERAL	TOTAL
Male /	27	21	67	85	200
Female					

## NSS Programme Officers:

1. **Dr. Shrawan Dogra** (Assistant Professor of Political Science)
2. **Prof. Mohini Sharma** (Assistant Professor of Music – Instrumental)

## Description of Activities:

Two types of activities are carried out by NSS volunteers, i.e., regular and special seven-day camp. The activities were carried out strictly according to the calendar issued by the NSS Programme Coordinator.

## Har ghar tiranga



The NSS unit along with NCC cadets, of Rajiv Gandhi Memorial Government College Joginder Nagar, celebrated 'Har Ghar Tiranga on 14th August, 2024. The Flag in Every Home' initiative was launched to promote patriotism among all citizens. This event was organised under the supervision of our Programme officers Dr. Shrawan Dogra and Prof. Mohini Sharma and also ANO Dr. Smriti Thakur. The special guest for this event was our Principal Prof. Sunita Singh.

## Independence Day parade



The NSS unit of Rajiv Gandhi Memorial Government College Joginder Nagar, celebrated Independence Day on 15th August 2024. The Independence Day parade was held at Ram

Leela Ground Joginder Nagar. NSS unit and NCC Unit took part in this parade to represent our college. A total of 18 volunteers took part in this parade under the supervision of our Programme Officer Dr. Shrawan Dogra. The chief guest of this event was SDM (Sub District Magistrate) Sh. Manish Chaudhary of Joginder Nagar. Various cultural activities were performed by different schools in the community hall of Joginder Nagar. At the end of the ceremony prizes were distributed among the participants. On this occasion in the presence of our Principal, all units were assembled there for unfurling of the Indian flag.

### Raising awareness on Transgender rights



The NSS Unit of Rajiv Gandhi Memorial Government College Joginder Nagar, attended the session about transgender rights on 30th August 2024. The main speaker of this event was Sashank from the 'Himachal Queer Foundation'. In this session the speaker discussed about the ground level challenges faced by the transgender community. Along with this speaker told the people about the gender rights.

### Mock drill/Training by Fire Service department

A Disaster Preparedness activity was organised in our college by the Fire station of Joginder Nagar on 3rd of Sep. 2024. Fire service officers trained and guide the volunteers through mock drill about the efficient use of firefighting equipment and the measures to be adopted in emergency situations.

### Ek Ped Maa Ke Naam

## राजीव गांधी कालेज में 190 विद्यार्थियों ने रोपे पौधे

जोगिंदरनगर (वेद): राजीव गांधी स्मारक राजकीय महाविद्यालय जोगिंदरनगर में सोमवार को एक पेड़ मां के नाम कार्यक्रम के अंतर्गत पौधारोपण किया गया। कार्यक्रम में वन विभाग के रोज ऑफिसर अक्षय राणा की तरफ से रचनात्मक सहयोग दिया, वहीं कालेज प्राचार्य प्रो.एस. सुनीता सिंह ने स्वयंसेवियों को पौधारोपण में बढ़-चढ़कर भाग लेने के लिए प्रेरित किया। महाविद्यालय के लगभग 190 स्वयंसेवियों द्वारा गाय पंचजन के डी.पी.एफ. सुई धार में हरड़, बहेड़, आंवला, दाड़ू, खैर, कसली व जामुन के पौधे रोपे गए।

इस अवसर पर एन.एस.एस. प्रभारी डा. श्रवान सिंह तथा डा. मोहिनी देवी, रोयर्स और रोजर्स की तरफ से डा. विशाल कुमार तथा प्रो. मंजू बाला ने स्वयंसेवियों के साथ सहयोग किया। वन विभाग की तरफ से बी.ओ. कुलविदर सिंह तथा फोरेस्ट गार्ड अजय डाकुर, वन मंडल जोगिंदरनगर द्वारा स्वयंसेवियों का मार्गदर्शन किया गया।



जोगिंदरनगर : राजीव गांधी कालेज में एक पेड़ मां के नाम के तहत पौधारोपण करते छात्र-छात्राएं व प्राध्यापक। (वेद)



A Mega plantation drive was organised on 9th September, 2024. The destination of this campaign is forest range of Fegda village which is around 3 to 4 km away from our college in north side. Around 80 volunteers took part in this campaign in the presence of our Programme officers Dr. Shrawan Dogra and Prof. Mohini Sharma along with the forest officers. They also demonstrated the correct method of planting the saplings. The volunteers, asked questions, which were answered by the forest guard, helping them understand proper plantation techniques. Together, we planted around 500 saplings, including blackberry, pomegranate, and guava etc. Our programme officer Dr. Shrawan Dogra told the significance of this drive to the volunteers.

## Swachhta Pakwara

The NSS Unit of Rajiv Gandhi Memorial Government College Joginder Nagar organised a Cleanliness campaign in the college. In this campaign all three Units: NSS, NCC & Ranger and Rover took part. All units cleaned the college premises with full of enthusiasm. All the participants worked in the presence of Dr. Shrawan Dogra, Prof. Mohini Sharma and Prof. Manju Bala.

## Session on Road safety



A session on Road Safety organised by the Road safety club under the supervision of Prof. Vidhu Bhardwaj. In this session NSS volunteers helped in functioning of the event. The speaker and hon'able guests were Professor of Economics from Haryana Kamala Sister, Pallavi Sister and members of Bramh Kumari's group. This session was attended by 40 NSS volunteers. The participants of this session

were introduced with the safety measures to handle road accidents.

## NSS Day Celebration



The NSS unit of R.G.M Govt. College Joginder Nagar celebrated the Foundation Day of NSS (National Service Scheme) on 24th September 2024. The Chief Guest of the event was Hon'ble Principal Professor Sunita Singh, along with 120 NSS volunteers who participated in this event. The event started with the lamp lighting ceremony by the principal. On this occasion she congratulated all the volunteers of the NSS unit. This session 2024 -2025 to formulate the work of NSS unit efficiently and effectively a NSS executive committee was formed with total of 13 members who got the posts: President, Vice-President, Secretary, Unit-Convener (2 posts), Stage management Head (2posts), Cultural head (2 posts), Refreshment head (2 posts), Media Tech Head & Drill Instructor. The title ceremony was done by the Hon'able chief guest Principal Professor Sunita Singh. This event was ended with a Pahari Naati presented by the volunteers. At the end event concluded with the National Anthem.

**Swachhta Hi Seva**



The NSS unit of R.G.M Govt. College Jogindernagar participated in the "Swachhta Hi Sewa program on September 27th, 2024. The theme of this program was "Swabhav Swachhta, Sanskar Swachhta". This event was led by NSS Programme officers Dr. Shrawan Dogra and Prof. Mohini Sharma. In this campaign an awareness rally was organised by the volunteers. This event was done with the help of NYK Mandi (Nehru Yuva Kendra) volunteers. The participants clean the area around the market. Around 10 to 15 waste bags were collected through out all the area.

### Pre Republic Day Selection Trials (District & State)



The NSS unit of R.G.M Govt. College Jogindernagar, participated in the Pre RD Selection Trials in Sunder Nagar on 28th Sep. 2024. For this 4 volunteers were selected on their performance in parade and cultural activities. Kailash and Anshika from BSC 3rd year and Shaan and Divesh from BA 3rd year. These four volunteers represent NSS unit of RGM Govt. College Joginder Nagar. All of them did their best in the Trial and 2 volunteers Kailash and Anshika secured their spot for the next stage State level Selection trial in Sundar Nagar. They represent the NSS unit. of our college on state level.

## Ye Diwali My Bharat Wali



NSS unit participated in Ye Diwali My Bharat Wali program on 25th Oct, 2024. In this program 36 volunteers participated under the guidance of Principal Prof. Nisha Vaidya and the Programme officer Dr. Shrawan Dogra and Prof. Mohini Sharma. These volunteers moved to the Civil Hospital Joginder Nagar. In this Program the volunteers were provided with the information about health given by the Dr. R.L Koundal (SMO).After that volunteers visited various wards like child, male & female where they learnt how phototherapy works, how viral diseases spread, their cautions and how pulse oximeter works.

## Celebration of Ayurveda Day



The NSS unit of R.G.M Govt. College Joginder Nagar, celebrated Ayurveda day on 28th Oct. 2024. On this event the chief guest for the day was Dr. Neelam Kumar, Dr. Ritika. Both of them shared their expertise on Ayurveda's impact on health and wellness. To make this event more engaging various events were organised like: Essay writing, Poster Making, Slogan Writing, Medicinal Plants Competition. The theme for Ayurveda Day 2024 was "Ayurveda Innovation for Global Health" which was the focal point throughout the event. At the end of the event prizes were distributed. In Essay writing 1st place to Lakshay Kumar, 2nd place Sanjay Singh and 3rd palce to Rijul all three of them were NSS volunteers and in other competitions too, NSS volunteers secures position.

## Drug Addiction Awareness Program



The NSS unit of RGM Govt. College Joginder Nagar, participated in this event under the joint aegis of NSS unit and NYK Mandi. In this event some people shared their experience in the journey of giving up on the consumption of any narcotics product. The chief guest of this

event was the Acting Principal Dr. Deepak Mohan and he advises all the participants to make a difference in their lives by not consuming alcohol and any kind of narcotics.

## Diwali with My Bharat



The NSS unit of RGM Govt. College Joginder Nagar, went to cleanliness run on 28th Oct, 2025 in the market place with the NYK members under the program "Ye Diwali My Bharat Wali" this campaign was started on the call of Ministry of Youth Affairs and Sports of Central Government. In this campaign NSS volunteers, Rover and Ranger cleaned the Gandhi Vatika park and nearby places. Under the supervision of programme officers Dr. Shrawan Dogra and Prof. Mohini Sharma all volunteers collected waste and promoted plastic free practices. At the end of the program some NSS volunteers and Ranger and Rover shared a press note on the theme of this program.

## Red Cross fair



The NSS unit of R.G.M Govt. College Joginder Nagar participated in Red Cross fair organised by the Red Cross Society. The hon'able guest of this event was INC (Indian National Congress) personnel Sh. Jiwan Thakur and SDM of joginder nagar Sh. Manish Chaudhary. At the start an awareness drive took away from Athletics Ground to the Ramleela Ground of

Joginder Nagar. In this drive NSS volunteers, NCC cadets and Ranger & Rover took a part. The NSS unit of R.G.M Govt. College, Joginder nagar presented a fabulous short skit about drug abuse in the cultural event. And they manage to got third prize for their act.

## Session on Personal hygiene



### मासिक धर्म स्वच्छता पर जागरूक की छात्राएं



एनएसएस इकाई की ओर से आयोजित कार्यक्रम में मौजूद छात्राएं व अन्य छात्राएँ

**जोषेन्द्रनगर :** राजीव गांधी स्मरक राजकीय महाविद्यालय जोगेन्द्रनगर में स्वयंसेवी छात्राओं को एनएसएस प्रोग्राम ऑफिसर डॉ. श्रवण सिंह एवं प्रोफेसर मोहिनी ने मासिक धर्म स्वच्छता विषय पर व्याख्यान आयोजित किया गया। इस कार्यक्रम के मुख्य अतिथि महाविद्यालय की प्राचार्य प्रोफेसर निशा वैद्य रही। उन्होंने मासिक धर्म से संबंधित समस्याओं पर छात्राओं से विस्तारपूर्वक चर्चा की। अपने संशोधन में महाविद्यालय की प्राचार्य निशा वैद्य ने कहा कि मासिक धर्म के दौरान छात्राओं को शारीरिक स्वच्छता पर ज़रूरत करते हुए बताया कि हम जो भी सैनिटरी पैड प्रयोग करते हैं उनमें किस प्रकार के केमिकल का उपयोग होता है तथा इनके इस्तेमाल से हमारे शरीर पर क्या प्रभाव पड़ता है। प्राचार्य प्रोफेसर निशा वैद्य ने कहा कि दी गई सभी जानकारियों को सराहना तथा भविष्य में भी महाविद्यालय में इस विषय पर कार्यक्रम आयोजित करवाना सुनिश्चित किया।



The NSS unit of Rajiv Gandhi Memorial Government College Joginder Nagar attended the personal hygiene session for females. Around 120 girls attended this session. On that day the guest speaker were from Tiens India, Ms. Pooja Sharma and Ms. Parwati. She informed all girls about healthy periods and period hygiene. She also told girls to use biodegradable pads because it is safe to use without any harmful effects.

## Constitution day celebration



On 26th Nov. 2024 NSS unit celebrated the Constitution day with the political department, Electoral Literacy Club and Nehru Yuva Kendra (Mandi). In this programme the guest speaker were Advocates Sh. Inder Singh, Sh. Amit kumar, Ms. Archana and Ms. Sumitra Chauhan from Legal Literacy Club. In their speech they told us about rights and duties. At the end of the event Principal Ms. Nisha Vaidya read the preamble of the Constitution for the students and every one pledged to adopt its ideals.

### Communal Harmony Week





On 28th Nov. 2024 NSS unit celebrated communal harmony week. In this campaign donation was collected for poor and needy people. A team of NSS volunteers went to all teachers and from various government departments like PWD, IPH, BEEO, forest department and police department station. Total amount collected was 6,442 rupees which is split into Cash-5,572 and Online 870.

### World AIDS Day



The NSS unit of Rajiv Gandhi Memorial Government College Joginder Nagar, celebrated World AIDS day. Respected professors, volunteers, cadets, Rovers and rangers, or members of Red Cross society ensured their presence. On that day Nodal Officer Mrs. Karishma Verma and Sh. Kamal Mohan from Civil Hospital were the chief guest. There were many competitions held that day like poster making, declamation, face painting and rangoli making.

### Awareness for My Bharat Portal

The NSS unit of Rajiv Gandhi Memorial Government College joginder nagar, conducted a programme under the directive of the Regional directorate of NSS. In this programme some volunteers made some video to raise awareness about the vision of developed India and informed locals about the benefits of My Bharat portal.

### Republic Day Parade participation



19 volunteers of the NSS unit of Rajiv Gandhi Memorial Government College Joginder Nagar participated in the Republic day parade which was held in Ramleela Ground, Joginder Nagar. The chief guest of the event was INC personnel Sh. Jiwan Thakur and SDM Sh. Manish Chaudhary. Their performance in the march past event was outstanding and they all were appreciated by the Programme Officer Dr. Shrawan Dogra and Prof. Mohini Sharma. The commander of the Platoon was Neha Kumari a Bsc 3d year student. She leads the platoon with a dedication which makes all of them in coordination.

### NSS Seven Days Special Camp

The seven days special camp was organised by the NSS unit of R.G.M.G.C. Joginder Nagar w.e.f. 21.02.2025 to 27.02.2025 in the college campus and it was attended by 62 NSS Volunteers. The day wise report of the activities carried out during the camp is given below:

#### Day 1



On the first day of the seven days special camp P.O. Dr. Shrawan Dogra and Prof. Mohini Sharma started the day with the distribution of 62 volunteers into six groups. The name of the groups were: Group-1 (Kelang Bajir), Group-2 (Aikyam), Group-3(Utkarsh), Group-4(Anmol), Group-5(Sarvodya) and Group-6(Prashant). A leader was also assigned to these groups to function the group properly. The mess duty was assigned to Group-5(Sarvodya) and cultural program was handled by Group-3(Utkarsh). Other groups clean the campus and after the work food was served to them. In the evening session the chief guest in the inauguration of NSS seven day special camp was Ms. Nisha Vaidya, Principal of our college. She encouraged all the participants of the camp to make this year's camp memorable. Professors from other department were also present there. The event starts with the lamp lighting ceremony and Saraswati Vandna and ended with National anthem.

## Day 2





On the second day of the camp the food preparation was done by the Group-1 (Kelang Bajir) and Cultural activity was presented by the Group-2(Aikyam). That day a blood donation programme was also organised. With the help of an NGO Himalayan blood donor. The doctor incharge of the day was Dr. Ankit who was also the chief guest of the evening session. All volunteers assisted the doctors and blood donor. After that lunch was served to all volunteers. In the evening session chief guest shared some medical insights with the volunteers.

### Day 3





On the third day of the camp P.O. Dr. Shrawan Dogra and Prof. Mohini Sharma allotted the mess duty to Group-3(Utkarsh) and cultural to Group-4(Anmol). In the morning session meditation and some exercises were done. All other groups cleaned the campus in the mean time until the lunch was made. After lunch in the evening session the chief guest of the day was SHO Sh. Sakini Kapoor of police station Joginder Nagar. Then our hon'able chief guest shared his life journey and inspired all the participants. And after that session all participants cleans the campus and games were organised for mental and physical relaxation.

#### Day 4



On the fourth day of the camp, at morning meditation and basic warm-up performed by all the volunteers. After that P.O. Dr. Shrawan Dogra and Prof. Mohini Sharma assigned the food preparation duty to the Group-2(Aikyam) and cultural activity was presented by the Group-6(Prashant).The chief guest of the evening was SMO Dr. Roshan Lal Kaundal who delivered valuable insights on the human body. The performance showed by the Group-6(Prashant) was praised by the chief guest.

## Day 5

On the fifth day, the mess duty was given to the Group-4(Anmol) and cultural activity was assigned to the Group-5(Sarvodya). And all other groups cleaned the area of a temple located nearby the college under the supervision of P.O. Dr. Shrawan Dogra and Prof. Mohini Sharma. After the work lunch was served to all volunteers. Then the chief guest of the fifth day was R.O. (Range officer) Ms. Monika and forest guard Ramesh Kumar. She shares her journey and information about forest department.



## Day 6



On the sixth day of special camp mess duty was assigned to Group-6(Prashant) and Group-1(Kelang Bajir) handled the cultural. All other groups went to the adopted village, Kathla where volunteers cleaned the temple premises. In the evening session of the sixth day the chief guest was SEBPO Chauntra, Mr. Pankaj thakur who told all the volunteers about the schemes run by the government for the welfare of people.



## Day 7

On the closing day of the seven days special camp the morning session was cancelled due to the heavy rain, but this didn't affected in the preparation of the closing day. All volunteers help in the preparation under the guidance of P.O. Dr. Shrawan Dogra and Prof. Mohini Sharma. A group of 12 volunteers was assigned to prepare the food. The chief guest of the closing day was Ms. Nisha Vaidya and other professors from other streams. In the cultural program there were songs and dance (solo and group) which was performed by all groups. But the main act of the evening was a skit based on corrupted politician which was quite funny and enjoyed by all the teachers and volunteers. Many volunteers shared their experience of the seven day special camp in front of teachers.



After that chief guest rewarded all outgoing volunteers for their service up to the date. Then the Best Group title was given to the Group-1(Kelang Bajir) based on their outstanding performance and flawless coordination. After that Programme Officer Dr. Shrawan Dogra thanked the chief guest and all other participants of the camp which made the successful completion of the camp and the program ended with the National Anthem.